

## Dance for Parkinson's Associate Musician

English National Ballet and Mayflower Theatre (Southampton)

Mayflower Theatre, Southampton and English National Ballet, two of the UK's leading arts organisations, are widening opportunities for people living with Parkinson's to enjoy the benefits of dance with the launch of Dance for Parkinson's at the Mayflower Theatre summer 2026.

English National Ballet's Dance for Parkinson's is an evidence-based dance programme established in 2010 and delivered in London and at other locations across the UK through its affiliated Hub Partners. It offers people the chance to experience the joy of dancing to live music, socialising and meeting new people, seeing dance performances, and extending unique opportunities to meet creatives and world-renowned guest artists. Classes welcome people living with Parkinson's, along with their families, loved ones and carers.

### Who you are

We are looking to recruit an experienced, passionate and committed freelance Associate Musician to accompany and co-lead our Dance for Parkinson's classes in Southampton utilising a range of musical techniques and drawing on the music from English National Ballet's varied repertoire.

You will have improvisatory skills and good score-reading skills and be comfortable adapting and arranging music to suit the class. You will co-lead sections of the class, developing vocal and rhythmic ideas and have an interest in, and ideally experience, in working in dance for different groups, including adults, older people, people with Dementia, Parkinson's and disabilities.

Applicants must be prepared to deliver work in Southampton and to travel to London for training at English National Ballet's studios The Mulryan Centre for Dance.

In addition, Mayflower are also keen to hear from local pianists for other projects later in the year, including rehearsal and repertory for auditions- please indicate your piano ability and interest within your application.

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Applicants must be available for the timeline as attached in the supportive information document.

For more information on English National Ballet's Dance for Parkinson's Programme, visit:

[www.ballet.org.uk/move-with-us/dance-for-health/dance-for-parkinsons/](http://www.ballet.org.uk/move-with-us/dance-for-health/dance-for-parkinsons/)

### Application Process

Please apply with an introductory email stating your interest in the role and how your skills and experience meet the requirements. Attach a current CV and the details of two referees.

Applicants will be required to undertake an enhanced DBS and to obtain their own public liability insurance.

### Please send your application to:

Email: [participationcallout@mayflower.org.uk](mailto:participationcallout@mayflower.org.uk)

Closing date for application: 25 May 2026

Please note applications will be viewed by both Mayflower Theatre and English National Ballet

### Recruitment Process

Shortlisted applicants will need to be available to participate in a practical workshop at Mayflower Studios, Southampton on **Monday 8 June 2026** (full day availability is required). English National Ballet and Mayflower Theatre are committed to equal opportunities and encourage applications from all sectors of our society.